



## 33rd edition of the Tunis - Carthage COMAR Marathon

### **ARTICLE 1. Current edition**

The 33<sup>th</sup> edition of the Marathon of COMAR is organized by the COMAR, on Sunday, December 02, 2018 under the aegis of the FTA.

This event has the following three races: Marathon (42,195 km), the half-marathon (21.1 miles) and 'Run for All'.

### **ARTICLE 2. The course**

The course complies with national and international regulations in force. It is approved by the Tunisian Athletics Federation. The length of the course is certified by a recognized expert measurer. The measurement of the route is performed according to the method of the 'bicycle calibrated'.

The course is located on the highway where traffic is interrupted for 4 hours and 30 minutes.

The organizers reserve the exclusive right to modify the course (s).

### **ARTICLE 3. Participation**

- 1- The event is open to athletes licensed or not, men and women whether Tunisians or foreigners.
- 2- The participants in the marathon will have a maximum time of 4h30 to make the route until the finishing line. After the passage of the vehicle of the end of running, the competitors should conform to the rules of traffic - traffic rules.
- 3- The participants arriving above advisable beyond limit time will not be classified.

### **ARTICLE 4. Ranking**

The classification will be made separately by:

**A-** Distance : 'Run for All' - Half marathon (21,1 km) - Marathon (42,195 km),

**B-** Sex : Man / Lady,

**C-** By category of age for the half marathon and marathon:

Categories	Codes	Years of Birth	Age
Seniors	SE	1979 and after	Under 40
Masters	V1	From 1978 to 1969	From 40 to 49
	V2	From 1968 to 1959	From 50 to 59
	V3	1958 and before	More than 60 years

The lists of rankings will be available for free a few hours after the race on the website of COMAR MARATHON

Check your score on : [www.marathon-comar.tn](http://www.marathon-comar.tn)

#### **ARTICLE 5. Mini-Marathon**

A mini-marathon for the children from **7 to 14 years** will be organized. The departure will be from January 14th Place It will not have account of the classification for this running. The children can be registered only by their parents under the authority of whom, they will participate to the running. Therefore children remain under the responsibility of their parents before and after the running.

#### **ARTICLE 6. Registration**

**1-** Registration is decentralized.

Three registration offices will be open from November 19 to November 30, 2018 (working days) from 8:00 to 18:00 and on Saturdays from 8:00 to 12:00 (offices are closed on Sundays and public holidays) \*:

- **An office in Tunis** located at the headquarters of COMAR Avenue Habib Bourguiba, Imm. COMAR Tunis

- **An office in Sousse** located at Sister Street Joseph Imm AMMA - DRC Sousse

-**An office in Sfax** located at 73 avenue E. Hached Sfax.

**2-** A pre-registration can be done on the site [www.marathon-comar.tn](http://www.marathon-comar.tn), for marathon (42.195Km) and half-marathon (21.1Km) races. Pre-registration not worth an inscription. The pre-registrant must be present at the registration desk between November 19 and November 30, 2018 to confirm his registration and receive his bib; A pre-registration is not worth an inscription;

**3-** Clubs can register by sending or presenting a list of names of Participating athletes with their dates of birth, genders, numbers of the license of the FTA or the CIN, by mail (letter, fax: 71 257 424, E-mail: **marathon@comar.tn** or by going to the registration desk. The lists communicated must be accompanied by a copy of the license or CIN of each participant. In all cases, bibs are to be collected from the registration desk between November 19 and November 30, 2018;

-For clubs and associations affiliated to the Tunisian Athletics Federation (FTA), the commitment at registration is not required.

For clubs and associations not affiliated with the Tunisian Athletics Federation (FTA), a commitment signed by participant is to be given at the handover bibs. (Possibility of downloading the commitment of the website).

**4-** Minors aged 15 to 18 years can only be registered under the authority of their clubs, their school or other official structure or written authorization from their guardians;

	<b>MAXIMUM NUMBER</b>	<b>MINIMUM AGE</b>
<b>Kids marathon</b>	500	7 years
<b>Run for All</b>	2500	15 years
<b>Semi-marathon</b>	3000	15 years
<b>Marathon</b>	500	18 ears



5- The Organizing Committee reserves the right to close the entries before the 30/11/18 and as soon as the limits indicated above are reached;

6- To participate in the races, each rider must have an outfit and correct shoes :

- Clean clothing, designed and worn so as not to offend, it must not to interfere with the judges' vision;

- Shoes not constructed to give athletes assistance any additional inequitable. Each rider must wear the bib on his stomach.

Participants in the Marathon (42.195Km) and the Half Marathon (21.1Km) will run by wearing bibs equipped with microchips that will be provided by the organizers at the registration desk.

#### **ARTICLE 7. Starting Races**

- 1- The departure of the popular running, of the half marathon and of the Marathon will be done in 8:00 AM and the one of the Mini Marathon will be done in 8:15 AM.
- 2- It is asked to the competitors to assemble, in front of the headquarters of COMAR - Avenue Habib BOURGUIBA in Tunis, so be it in 7:00 AM for the popular running, the Half marathon and Marathon and in 7:30 AM for the mini-marathon.
- 3- A warm-up session is scheduled for all participants between 7:00 and 7:45 AM at full Earth Central at January 14th Place.
- 4- Appeal for the departure will be done among 7:00 AM and 7:45 AM.
- 5- Every participant who is not registered at first will not be classified.

#### **ARTICLE 8. sponging**

- 1- Posts of provisioning every 5 km at least and in the arrival,
- 2- Mop up Posts: From km 7, 5 and between the posts of provisioning.

#### **ARTICLE 9. Control, security and medical monitoring**

- 1- To assure the regularity of the running, checkpoints will be installed on the entire route.

- 2- The companions, even in cycle, are forbidden.
- 3- The superintendents running and security services, which will have distinguishing features, will see with care of this instruction.
- 4- The judges' arbitrators will be indicated by the FTA. Their decisions will be without further right of appeal, they will be provided with distinguishing features.
- 5- Medical surveillance will be assured
  - a- By ambulances on the route,
  - b- At the end of running, by ambulance (broom car)
  - c- And by a medical antenna in the points of the departure and the arrival.

**IMPORTANT :**

- 1- Medical services will be authorized to remove numbers and to put except running every competitor who would seem to them unfit of continuing test.
- 2- The Referees FTA will be entitled to remove any bib showing of fraud in the marathon (during the race).
- 3- Riders compete at their own risk. In case of accident or failure due to poor health, it is they alone who are responsible and will have no recourse against the organizers.

**ARTICLE 10. Rewards**

A present will be offered to every participant having ended the event in which he participated against surrender of the bib.

**ARTICLE 11. Price:**

- 1- **Prices in kind, prices in cash** will be distributed and trophies. A certificate will be provided upon request, to all riders who have finished their test within the maximum time of 4H:30.

**2- . PRICE IN KIND :**

Race	Prize awarded
<b>Race for all</b>	<p>to the first 5 (Men)</p> <p>to the first 5 (Women)</p>
<b>Half-Marathon</b>	<p>In the first under 40 years (Senior category), if the time exceeds 1h15'00 "</p> <p>At first under 40 (Senior category), if the time exceeds 1h30'00 "</p> <p>(see Part 3: Cash Prices)</p> <hr/> <p>the first 3 veterans of each Masters category (V1, V2 and V3)- Men</p> <p>the first 3 veterans of each Masters category (V1, V2 and V3) -Women</p>
<b>Marathon</b>	<p>In the first under 40 (Senior category), if the time exceeds 2h40'00 "</p> <p>At first under 40 (Senior category), if the time exceeds 3h20'00 "</p> <p>(see Part 3: Cash Prices)</p> <hr/> <p>the first 3 of each Masters category (V1, V2 and V3)</p> <p>the first 3 veterans of each Masters category (V1, V2 and V3)</p>
<b>Kids marathon</b>	<p>to the first 5 (boy)</p> <p>to the first 5 (Girl)</p>

### 3- PRICES IN CASH

<p><b>Semi marathon</b></p>	<p>MEN/Women (Under 40)</p>	<ul style="list-style-type: none"> <li>• 1<sup>nd</sup> Price : 1000 Dinars</li> <li>• 2<sup>nd</sup> Price : 600 Dinars</li> <li>• 3<sup>nd</sup> Price : 400 Dinars</li> </ul>	<p><input type="checkbox"/> For the 1st prize, 200 Dinars BONUS for a time ≤ 1h03'59 " for men and a time ≤ 1h14'59 " for the women Important: <input type="checkbox"/> No cash prize if the chrono exceeds 1h15'00"for men and 1h30'00 " for women</p>
<p><b>Marathon</b></p>	<p>MEN/Women (Under 40)</p>	<ul style="list-style-type: none"> <li>• 1<sup>nd</sup> Price : 6000 Dinars</li> <li>• 2<sup>nd</sup> Price : 4000 Dinars</li> <li>• 3<sup>nd</sup> Price : 3000 Dinars</li> <li>• 4<sup>nd</sup> Price : 2000 Dinars</li> <li>5<sup>nd</sup> Price : 1500 Dinars</li> </ul>	<p>For the 1st BONUS prize of: a- 3000 Dinars for a time ≤ 2h12'59 " for men and ≤ 2h34'59"for women b- 1500 Dinars for a time ≤ 2h14'59 " for men and ≤ 2h44'59"for women <input type="checkbox"/> For the 2nd and 3rd BONUS prize of 1000 Dinars for a time ≤ 2h14'59 " for men and ≤ 2h44'59"for women  Important: No cash prize if the time exceeds 2h40'00 " for men and 3h20'00 " for women</p>
<p><b>Special prizes for the 1st Tunisian marathon runner and 1st marathon runner if they are not in the top 5 and top 5 of the 42Km race</b></p>	<p>MEN/Women (Under 40)</p>	<ul style="list-style-type: none"> <li>• 1<sup>nd</sup> Price : 1500 Dinars</li> </ul>	<p>No price if the time exceeds 2h25'00 " for men and 3h00'00 " for women</p>



#### **4- Medals:**

An official medal will be awarded to the finish line of the marathon course at any marathoner who finished the race (Marathon and semi-marathon) within the maximum time of **5h:00**.

#### **5- Trophies:**

**A-** The MARATHON CUP will be awarded to the champions and the champion of Tunisia's FTA-ranked marathon if it adopts marathon races COMAR men and women (42.195km) as championships of Tunisia 2017 for this discipline. ;

**B-** The MARATHON TROPHY will be awarded to the first winner and the first winner of the Marathon.

### CHAPTER III: GENERAL PROVISIONS

#### **ARTICLE 12. Insurance**

The organizers subscribe to an insurance covering the consequences of their liability of their servants and all participants in any of the programmed races.

#### **ARTICLE 13. Commitment**

**1-** Participation in one of the scheduled races implies acceptance expressly by each competitor of the Regulation filed at Master Fahd El Moadhen, bailiff notary in Tunis;

**2-** All commitment is personal. No transfer of registration is allowed under whatever reason. Anyone who surrenders his bib to a third party no one will be held responsible in the event of an accident occurring or caused by the latter during the test. Anyone with a bib acquired in breach of this Regulation may be disqualified. The bib must be fully legible during the race. The organization declines all responsibility in the event of an accident in this type of situation.

**4-** The competitor undertakes on the honor not to anticipate the start and not to shorten the distance for which he registered.





#### **ARTICLE 14. Image Rights**

By participating, each competitor expressly authorizes the organizers to use or to use or reproduce his name, his image, static or in movement, his voice and his sports performance as part of the race in sight any direct exploitation or derived form of the test and this, on any support, all over the world, by all means known or unknown to date, and for an unlimited duration.